



COMPETITIVE TEAM PROGRAM

The Flying Angels **Competitive Team** program prepares athletes to compete at high-level local, national, and international track meets. Athletes on this travel team represent Flying Angels in competitions throughout Canada, the United States, and the Caribbean. There are no try-outs for this program, but athletes in this program are expected to be committed to performing at a high level.

Training Sessions

Competitive team members participate in group training sessions 2-3 days per week. Athletes receive training in sprints, hurdles, distance, jumps, and/or throws at one of our training locations.

Competitions & Travel Meets

Participants compete in local, national, and international track meets. Athletes also compete at Provincial and National Championships. Participants travel to competitions throughout Canada, the United States, and the Caribbean. Athletes travel with the team or with their parents and stay at the designated team hotel for each trip. There is an additional cost for the trips and attendance at the travel meets are optional.

Uniform

Participants must purchase the Competitive Team uniform kit. The kit contains a racing speedsuit (or racing jersey and racing shorts), tracksuit, sweat top, sweat pants, performance warm up top, and t-shirt. Athletes are required to wear their uniform to practices and track meets. ***The kit price is \$325***

Program Dates

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|--------------------------|----------------------------|
| ➤ Fall & Winter Season | September 1 to February 28 |
| ➤ Winter & Spring Season | December 1 to May 31 |
| ➤ Spring & Summer Season | March 1 to August 31 |
| ➤ Summer & Fall Season | June 1 to November 30 |

Program Price

- Fall & Winter // Winter & Spring // Spring & Summer // Summer & Fall seasons \$475
- Register for the Full year (12 months) and pay only \$850 (save \$100)

Facility Fees

Each location has a facility fee that must be paid in addition to the membership fee by each athlete. Review the training location information to see the facility fee for each location.

Training Locations

[Click the link to see the Competitive Team training locations, days and times](#)

Team Handbook

[Click on the link to read the Team Handbook prior to registering for the program](#)

****REGISTER HERE****