

# COMPETITIVE TEAM TRAINING LOCATIONS, DAYS & TIMES

## DURHAM REGION

### OUTDOOR TRAINING LOCATIONS

#### WHITBY AREA

Father Leo J. Austin Catholic Secondary School  
1020 Dryden Boulevard  
May 1 - October 30

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm; Saturday @ 10:30 - Noon

### INDOOR TRAINING LOCATIONS

#### OSHAWA AREA

Oshawa Civic Recreation Complex  
99 Thornton Road South  
November 1 - April 30

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm; Saturday @ 10:30 - Noon

#### NOTES:

- There is a \$75 annual facility fee to use the track at Father Leo Austin
- There is a \$175 annual facility fee to use the track at Oshawa Civic Complex

# HALTON REGION

## OUTDOOR TRAINING LOCATIONS

### OAKVILLE AREA

White Oaks Secondary School  
1330 Montclair Drive  
May 1 - October 31

### TRAINING DAYS & TIMES

Monday & Wednesday @ 6:30 - 8 pm

### MILTON AREA

Milton District High School  
396 Williams Avenue  
May 1 - October 31

### TRAINING DAYS & TIMES

Wednesday & Friday @ 6:30 - 8 pm

## INDOOR TRAINING LOCATIONS

(Oakville and Milton groups train at Mississauga Stadium during the indoor season. See below for training days and times)

Mississauga Stadium  
560 Courtneypark Drive West, Mississauga  
November 1 to April 30

### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

### NOTES:

There is a \$250 annual facility fee to use the Mississauga Stadium facility

## PEEL REGION

### OUTDOOR TRAINING LOCATIONS

#### BRAMPTON AREA

Chinguacousy Park  
9050 Bramalea Road  
September 1 - October 31

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6 - 7:30 pm

David Suzuki Secondary School  
45 Daviselm Drive, Brampton  
May 1 - August 31

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

#### MISSISSAUGA AREA

St. Marcellinus Catholic Secondary School  
730 Courtneypark Drive  
September 1 - October 31  
Tuesday & Thursday @ 6:30 – 8 pm

### INDOOR TRAINING LOCATIONS

(Brampton group trains at Mississauga Stadium or Toronto Track & Field Centre during the indoor season. See Mississauga Area and North York Area for training days and times)

#### MISSISSAUGA AREA

Mississauga Stadium  
560 Courtneypark Drive, West, Mississauga  
November 1 - April 30

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

#### NORTH YORK AREA

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
November 1 - April 30

#### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm  
High School Group - Monday, Tuesday & Thursday @ 6:00 – 8 pm

#### NOTES:

- *There is a \$75 annual facility fee to use the track at David Suzuki*
- *There is a \$250 annual facility fee to use the Mississauga Stadium facility.*
- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 daily fee for High School athletes to use the Track & Field Centre*

## TORONTO REGION

### OUTDOOR TRAINING LOCATIONS

#### ETOBICOKE AREA

Smithfield Park  
173 Mt. Olive Drive  
September 1 - October 31

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6 – 7:30 pm

Father Henry Carr CSS  
1760 Martin Grove Rd  
May 1 - August 31

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

#### NORTH YORK AREA

Earl Bales Park  
4169 Bathurst Street, North York  
September 1 - October 31

#### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:00 – 7:30 pm  
High School Group - Monday, Tuesday & Thursday @ 6:00 – 8 pm

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
November 1 - April 30

#### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm  
High School Group - Monday, Tuesday & Thursday @ 6:00 – 8 pm

#### SCARBOROUGH AREA

Birchmount Park  
93 Birchmount Road  
May 1 - October 31

#### TRAINING DAYS & TIMES

Monday & Wednesday @ 6 – 7:30 pm

#### EAST TORONTO AREA

Riverdale Park East  
550 Broadview Avenue  
September 1 - October 31

#### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6 – 7:30 pm  
High School Group - Tuesday & Thursday @ 6 – 7:30 pm; Saturday @ 9 - 10:30 am

Monarch Park Stadium  
1 Parkmount Road, Toronto

May 1 - August 31

### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6 – 7:30 pm

High School Group - Tuesday & Thursday @ 6 – 7:30 pm; Saturday @ 9 - 10:30 am

### **WEST TORONTO AREA**

Central Tech Stadium

725 Bathurst Street, Toronto

May 1 - October 31

### TRAINING DAYS & TIMES

Monday & Wednesday @ 6 – 7:30 pm

### **INDOOR TRAINING LOCATIONS**

#### **ETOBICOKE AREA**

(Etobicoke group trains at Toronto Track & Field Centre during the indoor season. See the North York Area for training days and times)

#### **NORTH YORK AREA**

Toronto Track & Field Centre at York University

231 Ian MacDonald Boulevard

November 1 - April 30

### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm

High School Group - Monday, Tuesday & Thursday @ 6:00 – 8 pm

#### **SCARBOROUGH AREA**

(Scarborough group trains at Monarch Park Stadium or Toronto Track & Field Centre during the indoor season. See North York Area and East Toronto Area for training days and times)

#### **EAST TORONTO AREA**

Monarch Park Stadium

1 Parkmount Road

November 1 - April 30

### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm

High School Group - Tuesday & Thursday @ 6:30 – 8 pm; Saturday @ 9 - 10:30 am

#### **WEST TORONTO AREA**

(West Toronto group trains at Monarch Park Stadium or Toronto Track & Field Centre during the indoor season. See North York Area and East Toronto Area for training days and times)

### **NOTES:**

- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 daily fee for High School athletes to use the Track & Field Centre*
- *There is a \$75 annual facility fee to use the track at Father Henry Carr*
- *There is a \$250 annual facility fee to use the Monarch Park Stadium facility*

## YORK REGION

### OUTDOOR TRAINING LOCATIONS

#### MARKHAM AREA

Milliken Mills Park  
4277 14th Avenue, Markham  
September 1 - October 31

#### TRAINING DAYS & TIMES

Monday & Wednesday @ 6 – 7:30 pm; Sunday @ 1:00 - 2:30 pm

Bill Crothers Secondary School  
44 Main Street, Unionville  
May 1 - August 31

#### TRAINING DAYS & TIMES

Monday & Wednesday @ 6:30–8 pm

### INDOOR TRAINING LOCATIONS

(Markham group trains at Oshawa Civic Dome or Toronto Track & Field Centre during the indoor season. See Oshawa Area and North York Area for training days and times)

#### OSHAWA AREA

Oshawa Civic Recreation Complex  
99 Thornton Road South, Oshawa  
November 1 - April 30

#### TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm; Saturday @ 10:30 - Noon

#### NORTH YORK AREA

Toronto Track & Field Centre at York University  
231 Ian MacDonald Boulevard, North York  
November 1 - April 30

#### TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm  
High School Group - Monday, Tuesday & Thursday @ 6:00 – 8 pm

### NOTES:

- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 daily fee for High School athletes to use the Track & Field Centre*
- *There is a \$175 annual facility fee to use the track at Oshawa Civic Complex.*

## **WATERLOO REGION**

### **OUTDOOR TRAINING LOCATIONS**

Information coming soon

### **INDOOR TRAINING LOCATIONS**

Information coming soon