

GENERAL T&F SKILLS DEVELOPMENT TRAINING LOCATIONS, DAYS & TIMES

DURHAM REGION

OUTDOOR TRAINING LOCATIONS

WHITBY AREA

Father Leo J. Austin Catholic Secondary School
1020 Dryden Boulevard
May 1 - October 30

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

INDOOR TRAINING LOCATIONS

OSHAWA AREA

Oshawa Civic Recreation Complex
99 Thornton Road South
November 1 - April 30

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

NOTES:

- There is a \$75 annual facility fee to use the track at Father Leo Austin
- There is a \$175 annual facility fee to use the track at Oshawa Civic Complex

HALTON REGION

OUTDOOR TRAINING LOCATIONS

OAKVILLE AREA

White Oaks Secondary School
1330 Montclair Drive
May 1 - October 31

TRAINING DAYS & TIMES

Monday & Wednesday @ 6:30 - 8 pm

MILTON AREA

Milton District High School
396 Williams Avenue
May 1 - October 31

TRAINING DAYS & TIMES

Wednesday & Friday @ 6:30 - 8 pm

INDOOR TRAINING LOCATIONS

(Oakville and Milton groups train at Mississauga Stadium during the indoor season. See below for training days and times)

Mississauga Stadium
560 Courtneypark Drive West, Mississauga
November 1 to April 30

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

NOTES:

There is a \$250 annual facility fee to use the Mississauga Stadium facility

PEEL REGION

OUTDOOR TRAINING LOCATIONS

BRAMPTON AREA

Chinguacousy Park
9050 Bramalea Road
September 1 - October 31

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6 - 7:30 pm

David Suzuki Secondary School
45 Daviselm Drive, Brampton
May 1 - August 31

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

MISSISSAUGA AREA

St. Marcellinus Catholic Secondary School
730 Courtneypark Drive
September 1 - October 31
Tuesday & Thursday @ 6:30 – 8 pm

INDOOR TRAINING LOCATIONS

(Brampton group trains at Mississauga Stadium or Toronto Track & Field Centre during the indoor season. See Mississauga Area and North York Area for training days and times)

MISSISSAUGA AREA

Mississauga Stadium
560 Courtneypark Drive, West, Mississauga
November 1 - April 30

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

NORTH YORK AREA

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
November 1 - April 30

TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm
High School Group - Tuesday & Thursday @ 6:00 – 8 pm

NOTES:

- *There is a \$75 annual facility fee to use the track at David Suzuki*
- *There is a \$250 annual facility fee to use the Mississauga Stadium facility.*
- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 daily fee for High School athletes to use the Track & Field Centre*

TORONTO REGION

OUTDOOR TRAINING LOCATIONS

ETOBICOKE AREA

Smithfield Park
173 Mt. Olive Drive
September 1 - October 31

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6 – 7:30 pm

Father Henry Carr CSS
1760 Martin Grove Rd
May 1 - August 31

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

NORTH YORK AREA

Earl Bales Park
4169 Bathurst Street, North York
September 1 - October 31

TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:00 – 7:30 pm
High School Group - Tuesday & Thursday @ 6:00 – 8 pm

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
November 1 - April 30

TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm
High School Group - Tuesday & Thursday @ 6:00 – 8 pm

SCARBOROUGH AREA

Birchmount Park
93 Birchmount Road
May 1 - October 31

TRAINING DAYS & TIMES

Monday & Wednesday @ 6 – 7:30 pm

EAST TORONTO AREA

Riverdale Park East
550 Broadview Avenue
September 1 - October 31

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6 – 7:30 pm

Monarch Park Stadium
1 Parkmount Road, Toronto
May 1 - August 31

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

WEST TORONTO AREA

Central Tech Stadium
725 Bathurst Street, Toronto
May 1 - October 31

TRAINING DAYS & TIMES

Monday & Wednesday @ 6 – 7:30 pm

INDOOR TRAINING LOCATIONS

ETOBICOKE AREA

(Etobicoke group trains at Toronto Track & Field Centre during the indoor season. See the North York Area for training days and times)

NORTH YORK AREA

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard
November 1 - April 30

TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm
High School Group - Tuesday & Thursday @ 6:00 – 8 pm

SCARBOROUGH AREA

(Scarborough group trains at Monarch Park Stadium or Toronto Track & Field Centre during the indoor season. See North York Area and East Toronto Area for training days and times)

EAST TORONTO AREA

Monarch Park Stadium
1 Parkmount Road
November 1 - April 30

TRAINING DAYS & TIMES

Monday & Wednesday @ 6:30 – 8 pm

WEST TORONTO AREA

(West Toronto group trains at Monarch Park Stadium or Toronto Track & Field Centre during the indoor season. See North York Area and East Toronto Area for training days and times)

NOTES:

- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 daily fee for High School athletes to use the Track & Field Centre*
- *There is a \$75 annual facility fee to use the track at Father Henry Carr*
- *There is a \$250 annual facility fee to use the Monarch Park Stadium facility*

YORK REGION

OUTDOOR TRAINING LOCATIONS

MARKHAM AREA

Milliken Mills Park
4277 14th Avenue, Markham
September 1 - October 31

TRAINING DAYS & TIMES

Monday & Wednesday @ 6 – 7:30 pm

Bill Crothers Secondary School
44 Main Street, Unionville
May 1 - August 31

TRAINING DAYS & TIMES

Monday & Wednesday @ 6:30–8 pm

INDOOR TRAINING LOCATIONS

(Markham group trains at Oshawa Civic Dome or Toronto Track & Field Centre during the indoor season. See Oshawa Area and North York Area for training days and times)

OSHAWA AREA

Oshawa Civic Recreation Complex
99 Thornton Road South, Oshawa
November 1 - April 30

TRAINING DAYS & TIMES

Tuesday & Thursday @ 6:30 – 8 pm

NORTH YORK AREA

Toronto Track & Field Centre at York University
231 Ian MacDonald Boulevard, North York
November 1 - April 30

TRAINING DAYS & TIMES

Elementary Group - Tuesday & Thursday @ 6:30 – 8 pm
High School Group - Tuesday & Thursday @ 6:00 – 8 pm

NOTES:

- *There is a \$3.25 daily fee for Elementary athletes to use the Track & Field Centre*
- *There is a \$5.50 daily fee for High School athletes to use the Track & Field Centre*
- *There is a \$175 annual facility fee to use the track at Oshawa Civic Complex.*

WATERLOO REGION

OUTDOOR TRAINING LOCATIONS

Information coming soon

INDOOR TRAINING LOCATIONS

Information coming soon